

**1<sup>st</sup> Manchester-Midlands Sinus, Rhinoplasty and Nasal Plastics Dissection Course**

**3<sup>rd</sup> June to 5<sup>th</sup> June, 2024**

**Postgraduate Centre, Nottingham City Hospital, NG5 1PB**

<b>Date</b>	<b>Time</b>	<b>Activity</b>
Monday 3 <sup>rd</sup>	8.00	<i>Arrive Postgraduate Centre / Coffee &amp; Registration / Code of Conduct</i>
	8.35	Introduction
	8.45	Applied sinus anatomy
	9.00	Sinus radiology and pre-operative checklist
	9.15	Complications, avoidance and management
	9.30	Introduction to (powered) instruments
	10.00	Sphenopalatine artery and anterior ethmoidal artery ligations
	10.30	<i>Coffee</i>
	11.15	Uncinectomy, MMA, anterior ethmoidectomy and posterior ethmoidectomy
	12.30	<i>Lunch</i>
	13.15	Sphenoid approaches/Pituitary dissection
	14.30	DCR
	15.30	<i>Tea</i>
	15.45	Frontal trephination and Draf I frontal sinusotomy
	16.30	CSF leak repair
	17.30	<i>Close day 1</i>
19.30	<i>Informal course dinner at the Calcutta Club, Maid Marian Way, NG1 6HS</i>	
Tuesday 4 <sup>th</sup>	8.30	Draf 2a/2b & Draf 3 frontal sinus approaches
	10.30	<i>Coffee</i>
	11.00	Orbit and optic sheath decompression
	12.00	Lateral canthotomy & cantholysis
	12.30	<i>Lunch</i>
	13.15	Practical anatomy of rhinoplasty
	13.30	Rhinoplasty assessment
	13.45	Principles of nasal reconstruction and septal perforation repair
	14.00	Incisions and skin/soft tissue elevation
	15.30	<i>Tea</i>
	16.00	Conchal cartilage harvest
	17.00	Case discussion
	17.30	<i>Close day 2</i>
19.30	<i>Course dinner World Service Restaurant, Newdigate House, Castle Gate, NG1 6AF (dress: smart casual)</i>	
Wednesday 5 <sup>th</sup>	8.30	Component dorsal reduction and graft harvest
	9.45	Osteotomies
	10.30	<i>Coffee</i>
	10.45	Carving cartilage & spreader grafts
	11.45	Open tip modification and sutures
	12.30	<i>Lunch</i>
	13.15	Dorsal augmentation and tip grafting
	14.30	Bilobed/Melolabial flaps
	15.30	<i>Tea</i>
	15.45	Forehead flap
17.15	Evaluation forms and certificates, Closing remarks	
17.30	<i>Close 1<sup>st</sup> Manchester-Midlands Dissection Course</i>	